



THE ALEXANDRAN

NEWSLETTER OF THE QUEEN ALEXANDRA COMMUNITY LEAGUE

JANUARY 2013

SKATING IN QUEEN ALEX



The League has a beautiful outdoor rink available for recreational skating. Please make use of this great community asset created by a few of our wonderful neighbours. The rink is on the east side of the QACL community hall, just north of the Rollie Miles Athletic field.

You can also enjoy public indoor skating in the Queen Alexandra neighbourhood. Skate for free at Tipton Arena (10825 80 Avenue) on Tuesdays from 6:30-7:30pm, and Saturdays from 3:45-4:45pm. Skate

for free at George S. Hughes (Southside) Arena (10525 72 Avenue) on Wednesdays from 6:30-7:30 pm.

Outside of the neighbourhood, Community Services maintains both ground and pond ice rinks in the major parks. It is recommended that children or inexperienced skaters use an approved helmet while on the ice to prevent injuries.

You can also skate on stormwater lakes when conditions allow. The Drainage Branch oversees all uses of these lakes, and certain restrictions and conditions are in place. Exact dates for opening and current conditions are dependant upon the weather.

These ice surfaces are monitored on a daily basis and will be closed if unsafe. Be Safe on Ice - please keep off closed ice surfaces and obey all signage.

For more information on City of Edmonton Public Skating and Shinny Hockey, call 311 or visit <http://qacl.ca/cityskate>.

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LEAGUE EVENTS

TUESDAYS, 9:30-11:30AM

QACL Playgroup

Queen Alexandra Hall

JANUARY 29, 7PM

Monthly General Meeting

Queen Alexandra Hall

FEBRUARY 24, 2PM

Oral History Workshop

Queen Alexandra Hall

FEBRUARY 26, 7PM

Monthly General Meeting

Queen Alexandra Hall

**GET THE LATEST LEAGUE NEWS & UPDATES AT
WWW.QACL.CA**

QUEEN ALEXANDRA COMMUNITY LEAGUE

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PLAYGROUP NEWS

Members of the QACL Playgroup are enjoying each other's company, tips/tricks, and snacks so much that we decided to share a piece of that with everyone else in the community, too. Each month, we will share some recipes from the kitchens of playgroup members. We hope you find them tasty.

The QACL Playgroup meets Tuesday mornings from 9:30-11:30am at the Queen Alex Hall. This is a registered program open to community league members and is intended to be a fun, active, and social gathering place for children and their caregivers within a local setting. For more info, drop by during playgroup hours, email playgroup@qacl.ca, or phone Jody at 780-566-0609.

RECIPES OF THE MONTH

HONEY ROASTED CHICKPEAS

From the kitchen of Krystal Lim. Recipe from www.insockmonkeyslippers.com

- 1 can (15 oz) chickpeas
 - 1 Tablespoon extra virgin olive oil
 - 1-1/2 Tablespoons honey
 - 1 teaspoon brown sugar
 - 1/8 teaspoon sea salt
1. Preheat oven to 400°F. Rinse and drain chickpeas. With a paper towel, pat dry the chickpeas. Don't worry if some of the skins come off.
 2. In a large bowl, whisk together olive oil, honey, brown sugar, and sea salt. Add chickpeas to the bowl and toss to coat.
 3. Line a baking sheet with parchment paper and pour the chickpeas evenly on the pan. Place in the oven and roast for 35 to 40 minutes, stirring halfway through, until crunchy. Allow to cool and serve. Best eaten warm.

MUFFINS

From the kitchen of Svetlana Troitskaia

- 1 egg
 - 4 tablespoons sugar
- Mix the ingredients.
- 1/2 cup margarine
 - 1 cup milk (or yogurt/buttermilk/water)
 - 1 teaspoon baking soda
- Mix the ingredients.
- about 2 cups flour
- Mix in one cup of flour, then add bit by bit for a smooth moderately dense batter.
- Optional: add raisins, berries, or a very ripe mashed banana
- Bake at 400°F for 10-18 minutes (depends on the oven) until golden.

NEWS FROM THE CITY

MASTER COMPOSTER

The deadline for applications to register in the Master Composter course is February 7, 2013. Visit <http://www.qacl.ca/mastercompost> for details.

YOUTH CAREER SYMPOSIUM

The City of Edmonton Youth Council and Recruitment is hosting a free youth career symposium on Saturday, February 9th from 10:00 am to 3:00 pm at the Fantasyland Hotel at West Edmonton Mall. This event is an opportunity to network with business and educational representatives; visit exhibitor booths; attend speaker sessions about resume writing, interview tips, post secondary planning, career dating, scholarships; and more. There will be lots of door prizes, a "Fun Room" with engaging and creative youth activities as well as many other specific sessions throughout the day. The career tradeshow will have exhibitors from the City of Edmonton, post-secondary

schools and more and will run all day.

For more information, including session descriptions and how to register, visit <http://ceyc.ca>, call 311, connect via facebook (City of Edmonton Jobs) or contact Ian.Smith2@edmonton.ca.

COMMUNITY SANDBOXES

Pick up free sand on the north side of the Queen Alexandra Hall to use on your icy sidewalks and walkways. Remember to bring your own container!

CITIZEN DASHBOARD

The City recently launched the Citizen Dashboard (<https://data.edmonton.ca/dashboard>), a new online tool that shows performance results for some key City services. The Citizen Dashboard summarizes how well the City is performing on eight key services from the Way We Move, the City's Transportation Master Plan. The City plans to eventually add all of the Master Plans to the Dashboard.

CAPTURE THE HISTORY

ORAL HISTORY WORKSHOP

Have you ever wondered about your grandparents' childhood, or perhaps wanted to know a bit more about your street from the old timer on the corner? Ever tried to ask but didn't really know how to put all those stories together? Queen Alexandra Community League is here to help!

As part of the lead-up to our 50th Anniversary celebrations, we are helping community league members get the know-how to capture their history. On Sunday, February 24th Shirley Lowe, Edmonton's Historian Laureate and League member, will be giving a workshop on how to take oral histories. Believe it or not, there are some tips and tricks that will make making sense of the stories of days gone-by as told by those who lived them easier.

WORKSHOP DETAILS

- **When:** February 24, 2:00pm
- **Where:** Queen Alexandra Hall (10425 University Avenue)
- **Cost:** Free for Community League members.
- **RSVP required:** Contact Shirley at 780-452-1247 or history@qacl.ca.

HAVE YOU RENEWED YOUR MEMBERSHIP?

Last year's memberships expired on September 30, and most of our members have already renewed. If you need to renew your membership for 2012/13, contact Judy at membership@qacl.ca or visit www.qacl.ca/membership.



SOFTBALL

South Edmonton Minor Softball 2013 REGISTRATION

Registration Dates & Locations

Millwoods Rec Centre 7207 28 Avenue	Terwilliger Rec Centre 2051 Leger Road	BonnieDoon Mall 82 Ave & 83 St
Feb 3 10 am - 2 pm	Feb 2 10 am - 2 pm	Feb 2 1 pm - 4 pm
Feb 28 5:30 pm - 8:30pm	Feb 27 5:30 pm - 8:30pm	Feb 27 5:30 pm - 8:30pm
Mar 16 10 am - 2 pm	Mar 16 10 am - 2 pm	Mar 14 5:30 pm - 8:30pm

You must have valid
Community League
Membership

Note: Squirts and older
must supply their own
batting helmet

CATEGORY	YEAR OF BIRTH	GAME DAYS	FEE
T-Ball	2007, 2008	Tues / Thurs	\$ 105
Coach Pitch	2005, 2006	Mon / Wed	\$ 105
Mites (U10)	2003, 2004	Tues / Thurs	\$ 125
Squirts (U12)	2001, 2002	Mon / Wed	\$ 140
Peewees (U12)	1999, 2000	Tues / Thurs	\$ 140
Bantams (U14)	1997, 1998	Mon / Wed	\$ 160
Midgets (U19)	1994, 1995, 1996	Tues / Thurs	\$ 160

An additional
\$90 is required
for fundraising
chocolates.
These will be
distributed at
uniform pick up.

** Discounts available for multi-child families, player referrals & coaching volunteers

For more information,
call 780-461-7178, email semsa@shaw.ca or visit
www.southedmontonminorsoftball.ca