



# THE ALEXANDRAN

THE NEWSLETTER OF THE QUEEN ALEXANDRA COMMUNITY LEAGUE

WINTER 2009/10 — COMMUNITY EDITION

## SCONA POOL UPDATE

City Council's Community Services Committee (CSC) recommended that Scona Pool remain open into 2010. On November 25<sup>th</sup>, a number of League members spoke to City Council at the public hearing on the 2010 budget. The final decision will be made during budget deliberation in early December.

If Scona Pool does remain open, it will require the work of many community members to keep it that way in the future. This involves partnering with neighbouring communities and community groups to raise funds for one-time capital upgrades to the

building. What skills do you have to offer? If you're interested, get connected and email [info@qacl.ca](mailto:info@qacl.ca).

Registration is currently **open** for Scona Pool's winter lessons, which will commence January 16<sup>th</sup>, 2010— provided that there is funding. Call 780-496-8756 to register, or to book a pool rental for 2010. Please note, that while accepting registrations and bookings, River City Recreation will not require payment until they receive information that Scona Pool will be open in the New Year. A full listing of lesson offering is available at [www.sconapool.com](http://www.sconapool.com).

## STRATHCONA BRANCH LIBRARY

Did you know that the Strathcona Library has a community librarian dedicated to serving you— those who live in the community?

The job of community librarians is to connect with the community, and to inform residents of all the great things happening at the library— from special events and presentations, how to use databases, and getting feedback on programming. For example, did you know that the library has a database, accessible from your own

home computer, designed to help English-as-a-Second-Language (ESL) learners improve their language skills? How about the new teen advisory committee at the library (it's not too late to join), alphabet story time or knitting for beginners?

Go check out the library (8331 104 Street) and say hi to Joy, our community librarian. You can also view a listing of Strathcona Branch hours of operation & events at [www.epl.ca](http://www.epl.ca).

## INSIDE

### PAGE 2

- Planning & Development News

### PAGE 3

- QueenAlexCamp
- Caring for our Homeless
- Skating & Sliding Fun
- Health & the Holidays

### PAGE 4

- Community Calendar
- Join the QAACL

## LEAGUE EVENTS

### AT-A-GLANCE

DECEMBER 8, 6:00PM-8:00PM

### Holiday Potluck

RSVP to [potluck@qacl.ca](mailto:potluck@qacl.ca)

JANUARY 26, 7:00PM

### Monthly General Meeting

There is no League meeting in December.

*All League events are held at the Queen Alexandra Community Hall (10425 University Avenue)*

## QUEEN ALEXANDRA COMMUNITY LEAGUE

### Mailing Address

PO Box 4546  
Edmonton AB T6E 5G4

### Hall Address

10425 University Avenue

URL [www.qacl.ca](http://www.qacl.ca)

Email [info@qacl.ca](mailto:info@qacl.ca)

Hall Rentals [hall@qacl.ca](mailto:hall@qacl.ca)

Membership [membership@qacl.ca](mailto:membership@qacl.ca)

Newsletter [news@qacl.ca](mailto:news@qacl.ca)

## BOARD OF DIRECTORS

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Doug Bailie

### 1st Vice President

Marco Campana

### 2nd Vice President

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Myles Kitagawa

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### Program

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### Social

vacant

### Sports

Sue Wasson

# PLANNING & DEVELOPMENT

## DRAINAGE REPAIRS

The City has informed Queen Alexandra that the Drainage Services repair project consisting of shaft construction at 80th avenue, just south of the Tipton Arena, and a tunnel across 109 street is making slower progress than originally anticipated. The tunnel is being dug by hand to replace a sewer tunnel 22 meters below ground that collapsed this spring. It is now estimated that the project will be completed by June of 2010.

## PROPOSED RE-ZONING

The City of Edmonton's Planning and Development Department invites citizens to share their opinions on the proposed zoning changes for properties adjacent to 109 Street between 62 and 88 Avenue. The changes flow from the 109 Street Corridor Study as well as Council's adoption of the Residential Infill Guidelines.

Currently, residential properties along 109 Street are primarily zoned (RF1) Single Detached Residential Zone and (RF3) Low Density Development Zone. Most are proposed to be rezoned to RA7 Low Rise

Apartment Zone, which would allow for the construction of apartment buildings of up to four storeys. A new medium Scale Residential Infill Overlay would also be applied. The intent of the new overlay is to ensure that new development is compatible with development on abutting properties and helps improve the quality of streetscape along 109 Street.

Commercial Properties north of Whyte Avenue would remain as CB1 Low Density Business Zone and CB2 General Business Zone. Commercial properties south of Whyte would be rezoned from CNC Neighbourhood Convenience Commercial Zone to CB1. The Pedestrian Commercial Shopping Street Overlay would be applied to all commercial properties with area-specific regulations including permission to construct a fourth storey in all CB1-zoned properties along 109 Street.

Other zoning changes are also proposed, as well as associated changes to neighbourhood plans. For more information, please go to [www.edmonton.ca](http://www.edmonton.ca) and search for "109 Street Corridor Study" or contact Doug Kostaschuk, Planner, at 780-496-6121 or [doug.kostashuk@edmonton.ca](mailto:doug.kostashuk@edmonton.ca).

*The Alexandran is published monthly except for July & August. Deadline for the January issue is December 23<sup>rd</sup>. Submissions can be sent to [news@qacl.ca](mailto:news@qacl.ca).*

*Information on community*

*events & activities can also be found on the League's website at [www.qacl.ca](http://www.qacl.ca).*

*Members can request a copy of the minutes from the monthly General Meeting, by contacting [info@qacl.ca](mailto:info@qacl.ca).*

**GET THE LATEST LEAGUE NEWS AT [WWW.QACL.CA](http://WWW.QACL.CA)**

# QUEENALEXCAMP 2010

The hipsters call them "BarCamps". The less-hipsters call them "un-conferences". But whatever you call them, they are fun events where you'll get your first taste of the hidden treasures your neighbourhood has to offer.

Everyone has their own pool of talents, knowledge, and special interests. To celebrate this, some community members are organizing the first QueenAlexCamp where anything you have an interest in, or a passion for, and would enjoy discussing with others can be part of the program!

Do you know stories about Queen Alexandra, or want to hear some? Want to discuss which yard

weeds you can eat? Or do you have any hobbies or skills you want to share? They can all be a part of QueenAlexCamp!

There is no age limit to participate – whether you are a teen or senior citizen. You just have to want to get involved. There's also an opportunity to get a matching grant from the City and an opportunity to work with community activist expert Jim Diers to put together this event. The deadline for this application is January 15, so the sooner you get your hand in on the action, the better! If you want more information, or would like to help with the organizing, contact Myles at [qacamp@qacl.ca](mailto:qacamp@qacl.ca).

## CARING FOR OUR HOMELESS

There are an estimated 90 people who are chronically homeless in the Old Strathcona Area. Boyle Street Community Services is using their warming van for outreach with clients. If you know of someone in need, please phone for the warming van at 780-544-2795 or contact Boyle Street at 780-860-6145.

Dinners for the homeless began Tuesday, November 17<sup>th</sup> and are biweekly through the winter. They will be at Trinity Lutheran Church (10014 81 Avenue), but are supported by a number of other Churches. For more information, call 780-433-1604.

## SKATING & SLIDING FUN

While we wait for outdoor rinks to freeze, get your skate on at local arenas. Tipton (10828 80 Ave) & Donnan (9105 80 Ave) Arenas offer free public skating Mondays from 6:15-7:15pm. Visit [www.edmonton.ca](http://www.edmonton.ca) for more info.

Skating not your cup of tea? Visit one of the City's toboggan

hills:

- Rundle Park (2903 113 Ave)
- Whitemud Park N (Keillor Rd & Fox Dr)
- Government House Park (Groat Rd & River Rd)
- Emily Murphy Park (Emily Murphy Rd & Groat Rd)
- Argyll/Mill Creek Park (84 St & 70 Ave)

## HEALTH & THE HOLIDAYS

by Kim Olson B.Ed.

The Holiday season is a busy time... but we never seem too busy to eat! Here are some ways to keep the weight off, but still enjoy tasty holiday treats!

- **Eat lots of vegetables** (your plate should be half veggies)
- **Eat white meat** instead of dark
- **Use packaged gravy & stuffing...** they have fewer calories and less fat
- **Drink clear drinks** instead of egg-nog and hot chocolate
- If you must drink alcohol, **use water or diet pop as a mix**
- **Eat only the things you really like**
- **Don't starve yourself** all day to "save calories"... you are more likely to pig out
- Little things add up... try to **limit yourself to 5 treats per party**
- **Moderation is the key!**

*Kim Olson is a CSEP-CPT and AFLCA-certified group fitness leader and personal trainer. She leads a Ladies' Fitness Class at the Queen Alex Hall (see the Community Calendar on page 4 for more details).*

# COMMUNITY CALENDAR

**DECEMBER 3, 6:00-7:00PM**

**Ladies' Fitness Class Recommences** *Queen Alexandra Community Hall (10425 University Avenue)*

Kim Olson's ladies' fitness class is held from 6-7pm, on Monday and Thursday evenings at the QAHL hall. So far, it's been a hit! For more info, contact Kim at [kolson@nait.ca](mailto:kolson@nait.ca).

**DECEMBER 8, 6:00PM-8:00PM**

**Queen Alexandra Holiday Potluck** *Queen Alexandra Community Hall (10425 University Avenue)*

Bring a dish to share at the QA Holiday Potluck. RSVP to Lindsay at [potluck@qacl.ca](mailto:potluck@qacl.ca).

**DECEMBER 11, 7:30PM**

**A 'New' Canadian Christmas Canon** *Queen Alexandra Community Hall (10425 University Avenue)*

EFG and the Northern Lights Folk Club ([www.northernlightsfc.ca](http://www.northernlightsfc.ca)) present The Ambers & Bob Jahrig with Marc Ladouceur Singing Canadian penned Christmas Songs by Bruce Cockburn, Stan Rogers, Joni Mitchell, Gordon Lightfoot, Leonard Cohen, and more. Please bring a non perishable food item for the Food Bank or an unwrapped new toy for infant to 12 years old for Santa's Anonymous. Tickets are available from Acoustic Music Shop (780-433-3545) or Tix on the Square (780-420-1757).

**DECEMBER 11, 6:00PM**

**Tom Jackson's Singing for Supper** *Robertson Wesley United Church (10209 123 Street)*

For more information, visit [www.singingforsupper.ca](http://www.singingforsupper.ca). Tickets available at Ticketmaster or Edmonton's Food Bank 780-425-2133.

**DECEMBER 19, 1:00PM-8:00PM**

**Scona Pool Christmas Party** *Scona Pool (10450 72 Avenue)*

Scona Pool, along with Queen Alexandra Community League, will be hosting a community Christmas party. The event promises to be lots of fun with Santa Claus and snacks to boot!

*Have an event you'd like to include in next month's calendar? Send it to [news@qacl.ca](mailto:news@qacl.ca). Deadline for the January newsletter is December 23.*

## LIKE WHAT YOU'RE READING?

### JOIN YOUR NEIGHBOURS, BUY A COMMUNITY LEAGUE MEMBERSHIP

If you like what you're reading, why not get more of it? Members of the Queen Alexandra Community League receive a monthly newsletter (except in July and August) either by post or email.

Stop missing out on all the action and sign up! Memberships are \$20 per two-adult family or \$10 if you're a single-parent family,

single adult or senior citizen couple. Single seniors are \$5.

Other membership benefits include free skate tags and 40 free swims at Scona Pool (pending City Council's decision for funding into 2010). If that's not enough, you're also entitled to discounts at City of Edmonton recreation facilities, performances by the Northern Lights Folk Club, tickets to some

professional sport games, and discounted rental rates at the Queen Alex Hall.

Better yet, becoming a member provides you with a forum to share your skills and talents to help make your community an even better place to live. What are you waiting for? Download the membership form at [www.qacl.ca](http://www.qacl.ca) or call Judy at 780-433-9258.